**CHESTER REC BALL 2020 GENERAL INFO**

This year’s season will be quite different from the previous seasons. We will be playing intramural ball. We will be playing teams from our own community and will not be traveling outside of Chester to play. Staying in Chester and not inviting others to our fields will lessen the risk of exposure to COVID-19 while getting our kids on the fields, outside and enjoying some time with their friends. The health and safety of our athletes, volunteers, staff and community remain our highest priority.

Below, you will find a list of some of the action we are taking to help ensure we are lowering the COVID-19 risk as much as possible while allowing our kids to play ball and have fun:

* Intensifying cleaning and disinfection within our facility and the premises by cleaning and disinfecting frequently touched surfaces daily and between team use, shared objects and equipment, and ensuring safe and correct use and storage of disinfectants.
* Reducing physical closeness or contact between players when possible. We will focus on keeping teams small in number, staggering practice times allowing for staggered drop off and pick up times, discourage unnecessary physical contact such as high-fives, handshakes, fist bumps, no spitting, etc.
* We will play locally eliminating travel outside our community. We will only compete against teams in our town.
* Promote healthy hygiene practices.
* We encourage players with their own equipment to bring it, use it and not share it.
* Shared equipment will be wiped down after each use with the exception of the ball.
* Parents/spectators will not be allowed on the fields, in the dugouts or team staging area.
* Coaches will use a sign in sheet at each practice and/or game for all players and coaches for symptom screening.
* Dugouts and bleachers will be closed. Players will need to bring a lawn chair and teams will sit on the fence line maintaining 6 feet of social distancing.

Anyone who is sick or has been in contact with someone who has COVID-19—including players, family members, coaches, staff and spectators—should NOT attend practices or games. Coaches will be on the lookout for the symptoms of COVID-19, which include fever, cough, or shortness of breath.

If someone were to become sick during practice or at a game, they will be isolated from all other players as soon as possible and we will get that person to their home or healthcare facility. If you have a specific questions about this plan please contact me for more information. You can also find more information about COVID-19 at [www.cdc.gov](http://www.cdc.gov).

**PLAYER’S ROLE**

* BRING YOUR OWN WATER/DRINKING BOTTLE TO PRACTICE/GAME WITH YOUR NAME, CLEARLY, MARKED ON IT.
* BRING HAND SANITIZER.
* IF YOU HAVE YOUR OWN EQUIPMENT (BAT, GLOVE, HELMET, ETC.) BRING IT, USE IT AND DON’T SHARE IT.
* IF YOU ARE USING SHARED EQUIPMENT MAKE SURE THE COACH WIPES IT DOWN FOR YOU BEFORE YOU USE IT.
* NO HIGH FIVES, NO FIST BUMPS, NO SPITTING, NO HANDSHAKES, ETC.
* PRACTICE SOCIAL DISTANCING WHEN POSSIBLE.
* NO SPITTING.
* NO SEEDS OF ANY KIND.
* YOU NEED TO BRING A LAWN CHAIR TO SIT ON BY THE FENCE DURING GAMES.
* KEEP THEIR PERSONAL BELONGINGS AND EQUIPMENT BAGS 6 FEET AWAY FROM OTHERS.

**COACHE’S ROLE**

* REDUCE PHHYSICAL CLOSENESS AND CONTACT BETWEEN PLAYERS WHEN POSSIBLE.
* DISCOURAGE HIGH FIVES, HANDSHAKES, FIST BUMPS, SPITTING, ETC.
* ENCOURAGE THE USE OF HAND SANITIZER AND WASHING HANDS.
* DO NOT ALLOW SHARING OF DRINKING BOTTLES.
* WIPE DOWN/SPRAY EQUIPMENT THAT IT SHARED BETWEEN EACH PLAYER.
* DO NOT ALLOW PARENTS/SPECTATORS IN THE FIELD, IN THE DUGOUT OR THE IN THE TEAM STAGING AREA.
* COMPLETE THE ATTENDANCE LOG BEFORE EACH GAME OR PRACTICE AND TURN THOSE IN WHEN YOUR SHEET IS FULL. INCLJUDE THE COACHES ON THE LOG.

**PARENTS/GUARDIANS/SPECTATORS ROLE AND INFO**

* PARENTS/SPECTATORS ARE NOT ALLOWED ON THE FIELDS, IN THE DUGOUTS OR IN THE TEAM STAGING AREA.
* SPECTATORS SHOULD BRING A LAWNCHAIR, BLANKET, ETC., AND SIT IN THE GRASS AREAS OR ALONG THE FENCE.
* REMAIN 6 FEET AWAY (SOCIAL DISTANCE) FROM PLAYERS, COACHES, UMPIRES, STAFF, ETC., THAT DO NOT RESIDE IN YOUR HOUSEHOLD.
* COACHES ARE GOING TO ASK YOU 5 QUESTIONS BEFORE EACH PRACTICE OR GAME:
* DOES YOUR PLAYER HAVE A FEVER
* HAS YOUR PLAYER HAD A FEVER IN THE LAST 72 HOURS
* DOES YOUR PLAYER HAVE A COUGH
* IS YOUR PLAYER EXPERIENCING ANY BREATHING DIFFICULTY
* HAS YOUR PLAYER BEEN EXPOSED TO ANYONE WITH COVID-19 OR ANYONE DISPLAYING SYMPTOMS OF COVID-19
* INSTRUCT YOUR PLAYER ON HOW TO USE SANITIZER AND THE IMPORTANCE OF WASHING THEIR HANDS, NOT SHARING THEIR EQUIPMENT, SOCIAL DISTANCING, AND NOT SPITTING.
* ANYONE WHO IS SICK OR HAS BEEN IN CONTACT WITH SOMEONE WHO HAS COVID-19-INCLUDING PLAYERS, FAMILY MEMBERS, COACHES, STAFF, AND SPECTATORS-SHOULD **NOT** ATTEND PRACTICES OR GAMES. BE ON THE LOOKOUT FOR THE SYMPTOMS OF COVID-19, WHICH INCLUDE FEVER, COUGH, OR SHORTNESS OF BREATH.
* PROTOCAL FOR A PLAYER WOULD BECOME ILL OR DISPLAY SYMPTOMS OF COVID-19 DURING PRACTICE OR A GAME:
* REMOVE PLAYER FROM THE GROUP
* CONTACT PARENT/GUARDIAN FOR IMMEDIATE PICK UP